

BWJPS
PSHE, RSE and SMSC Whole School Long Term Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	<p>ELG: Making Relationships</p> <ol style="list-style-type: none"> Children play co-operatively, taking turns with others. They take account of one another's ideas about how to organise their activity. They show sensitivity to others' needs and feelings. They form positive relationships with adults and other children <p>Exceeding: Making Relationships</p> <ol style="list-style-type: none"> Children play group games with rules. They understand someone else's point of view can be different from theirs. They resolve minor disagreements through listening to each other to come up with a fair solution. They understand what bullying is and that this is unacceptable behaviour. 		<p>ELG: Self Confidence and Self Awareness</p> <ol style="list-style-type: none"> Children are confident to try new activities. They can say why they like some activities more than others. They are confident to speak in a familiar group. They will talk about their ideas. They will choose the resources they need for their chosen activities. They say when they do or don't need help. <p>Exceeding: Self Confidence and Self Awareness</p> <ol style="list-style-type: none"> Children are confident speaking to a class group. They can talk about the things they enjoy, and are good at, and about the things they do not find easy. They are resourceful in finding support when they need help or information. They can talk about the plans they have made to carry out activities and what they might change if they were to repeat them. 		<p>ELG: Managing Feelings and Behaviour</p> <ol style="list-style-type: none"> Children talk about how they and others show feelings. Children talk about their own and others' behaviour and its consequences and know that some behaviour is unacceptable. They work as part of a group or class and understand and follow the rules. They adjust their behaviour to different situations. They take changes of routine in their stride. <p>Exceeding: Managing Feelings and Behaviour</p> <ol style="list-style-type: none"> Children know some ways to manage their feelings and are beginning to use these to maintain control. They can listen to each other's suggestions and plan how to achieve an outcome without adult help. They know when and how to stand up for themselves appropriately. They can stop and think before acting and they can wait for things they want. 	
Year 1	<p>Keeping/Staying Healthy</p> <ul style="list-style-type: none"> Healthy eating Washing Hands <p>Keeping/Staying Safe</p> <ul style="list-style-type: none"> Tying Shoelaces 	<p>Keeping/Staying Safe</p> <ul style="list-style-type: none"> Road Safety <p>Relationships</p> <ul style="list-style-type: none"> Bullying Friendship <p>Respectful Relationships</p> <p>Importance of permission seeking in friendships with friends, peers and adults.</p>	<p>Computer Safety</p> <ul style="list-style-type: none"> Online bullying Image sharing 	<p>Being Responsible</p> <ul style="list-style-type: none"> Practice makes perfect <p>Money Matters</p>	<p>Feelings and Emotions</p> <ul style="list-style-type: none"> Jealousy Worry <p>Families and People Who Care for Me</p> <ul style="list-style-type: none"> Different types of families. Families are characterised by love and care for each other. 	<p>Hazard Watch</p> <ul style="list-style-type: none"> Is it safe to eat or drink?
Year 2	<p>Keeping/Staying Healthy</p> <ul style="list-style-type: none"> Healthy eating 	<p>Keeping/Staying Safe</p> <ul style="list-style-type: none"> Road Safety 	<p>Computer Safety</p>	<p>Being Responsible</p>	<p>Feelings and Emotions</p>	<p>Hazard Watch</p> <ul style="list-style-type: none"> Is it safe to eat

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	<ul style="list-style-type: none"> Brushing teeth <p>Keeping/Staying Safe</p> <ul style="list-style-type: none"> Leaning out of windows 	<p>Relationships</p> <ul style="list-style-type: none"> Bullying Friendship Body language <p>Families and People Who Care for Me</p> <ul style="list-style-type: none"> Respecting differences between types of families. 	<ul style="list-style-type: none"> Online bullying Image sharing 	<ul style="list-style-type: none"> Water spillage <p>Money Matters</p>	<ul style="list-style-type: none"> Anger <p>Respectful Relationships</p> <ul style="list-style-type: none"> Importance of self respect 	<p>or drink?</p>
Year 3	<p>Keeping/Staying Healthy</p> <ul style="list-style-type: none"> Brushing teeth Medicine 	<p>Keeping/Staying Safe</p> <ul style="list-style-type: none"> Road safety <p>Relationships</p> <ul style="list-style-type: none"> Bullying Friendship Touch 	<p>Computer Safety</p> <ul style="list-style-type: none"> Making friends online Computer safety documentary 	<p>Being Responsible</p> <ul style="list-style-type: none"> Helping someone in need <p>Money Matters</p>	<p>Feelings and Emotions</p> <ul style="list-style-type: none"> Grief <p>Mental Well-being</p> <ul style="list-style-type: none"> Simple self care techniques/ 	<p>Hazard Watch</p> <ul style="list-style-type: none"> Is it safe to play with?
Year 4	<p>Keeping/Staying Healthy</p> <ul style="list-style-type: none"> Healthy Living 	<p>Keeping/Staying Safe</p> <p>Cycle safety</p> <p>Growing and Changing/Relationships</p> <ul style="list-style-type: none"> Appropriate touch 	<p>Computer Safety</p> <ul style="list-style-type: none"> Online bullying 	<p>Being Responsible</p> <ul style="list-style-type: none"> Coming home on time <p>The Working World</p> <ul style="list-style-type: none"> Chores at home 	<p>Feelings and Emotions</p> <ul style="list-style-type: none"> Jealousy <p>Importance of talking about feelings</p> <p>Respectful Relationships</p> <ul style="list-style-type: none"> Importance of self respect 	<p>A World Without Judgement</p> <ul style="list-style-type: none"> Breaking down barriers <p>Health and Prevention</p> <ul style="list-style-type: none"> Safe and unsafe exposure to sun. How to reduce the risk of sun damage. Importance of good quality sleep. Know the effects of bad sleep on the body.
Year 5	<p>Keeping/Staying Safe</p> <ul style="list-style-type: none"> Peer pressure Concept of privacy and its implications 	<p>The Working World</p> <ul style="list-style-type: none"> Enterprise 	<p>Computer Safety</p> <ul style="list-style-type: none"> Image sharing 	<p>Being Responsible</p> <ul style="list-style-type: none"> Looking out for others 	<p>Feelings and Emotions</p> <ul style="list-style-type: none"> Anger <p>Growing and Changing</p> <ul style="list-style-type: none"> Puberty 	<p>A World Without Judgement</p> <ul style="list-style-type: none"> Inclusion and acceptance

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	<ul style="list-style-type: none"> Sometimes it's not o.k to keep secrets if it links to being safe. <p>Caring Friendships</p> <ul style="list-style-type: none"> Trust Healthy friendships Managing conflict <p>Keeping/Staying Healthy</p> <ul style="list-style-type: none"> Smoking 				<ul style="list-style-type: none"> Menstrual cycle and menstrual well-being 	
Year 6	<p>Keeping/Staying Safe</p> <ul style="list-style-type: none"> Water safety 	<p>Keeping/Staying Healthy</p> <ul style="list-style-type: none"> Alcohol and drug taking 	<p>Growing and Changing</p> <ul style="list-style-type: none"> Conception 	<p>Being Responsible</p> <ul style="list-style-type: none"> Stealing <p>Families and People Who Care for Me</p> <ul style="list-style-type: none"> Marriage 	<p>Computer Safety</p> <ul style="list-style-type: none"> Making friends online <p>The Working World</p> <ul style="list-style-type: none"> In-App purchases 	<p>A World Without Judgement</p> <ul style="list-style-type: none"> British Values <p>Respectful Relationships</p> <ul style="list-style-type: none"> Stereotypes <p>Feelings and Emotions</p> <ul style="list-style-type: none"> Worry
Specific Events	<p>Study of worldwide and local events will also take place, in the most part these will be child lead and relevant to the season – these will vary on pupil interests and current affairs.</p> <p>Below are some examples of such events.</p>					
	<ul style="list-style-type: none"> - Black History Month (October) - World Mental Health Day (10th October) 	<ul style="list-style-type: none"> - Remembrance Sunday – 10th November - Anti – bullying week (11th – 15th November) - Children in Need Day (15th November) Road Safety week (19th – 25th November) 	<ul style="list-style-type: none"> - Martin Luther King Day – 20th January - Holocaust Memorial Day – 27th January - Chinese New Year – 25th January - Safer Internet Day – 11th January 	<ul style="list-style-type: none"> - Fair trade Fortnight (24th February) - British Science Week (9th – 13th March) - World Autism Awareness Day – 2nd April 	<ul style="list-style-type: none"> Queen's Birthday (21st April) Earth Day (22nd April) VE Day (8th May) Walk to School Week (18th-22nd May) 	<ul style="list-style-type: none"> World Environment Day (5th June) Anne Franks Birthday (12th June) Wimbledon Mandela Day (18th July)

Items shown in red are learning criteria from the new RSE curriculum.