

BWJPS  
PSHE Whole School Long Term Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	<b>ELG: Making Relationships</b> 1. Children play co-operatively, taking turns with others. 2. They take account of one another's ideas about how to organise their activity. 3. They show sensitivity to others' needs and feelings. 4. They form positive relationships with adults and other children <b>Exceeding: Making Relationships</b> 1. Children play group games with rules. 2. They understand someone else's point of view can be different from theirs. 3. They resolve minor disagreements through listening to each other to come up with a fair solution. 4. They understand what bullying is and that this is unacceptable behaviour.		<b>ELG: Self Confidence and Self Awareness</b> 1. Children are confident to try new activities. 2. They can say why they like some activities more than others. They are confident to speak in a familiar group. 3. They will talk about their ideas. 4. They will choose the resources they need for their chosen activities. 5. They say when they do or don't need help. <b>Exceeding: Self Confidence and Self Awareness</b> 1. Children are confident speaking to a class group. 2. They can talk about the things they enjoy, and are good at, and about the things they do not find easy. 3. They are resourceful in finding support when they need help or information. 4. They can talk about the plans they have made to carry out activities and what they might change if they were to repeat them.		<b>ELG: Managing Feelings and Behaviour</b> 1. Children talk about how they and others show feelings. 2. Children talk about their own and others' behaviour and its consequences and know that some behaviour is unacceptable. 3. They work as part of a group or class and understand and follow the rules. 4. They adjust their behaviour to different situations. 5. They take changes of routine in their stride. <b>Exceeding: Managing Feelings and Behaviour</b> 1. Children know some ways to manage their feelings and are beginning to use these to maintain control. 2. They can listen to each other's suggestions and plan how to achieve an outcome without adult help. 3. They know when and how to stand up for themselves appropriately. 4. They can stop and think before acting and they can wait for things they want.	
Year 1 and 2 (Odd Years)	<b>Keeping/Staying Healthy</b> <ul style="list-style-type: none"> <li>Healthy eating</li> </ul> <b>Keeping/Staying Safe</b> <ul style="list-style-type: none"> <li>Who Keeps Us Safe</li> </ul>	<b>Keeping/Staying Safe Relationships</b> <ul style="list-style-type: none"> <li>Road Safety</li> <li>Bullying</li> <li>Friendship</li> <li>Body language</li> </ul>	<b>Computer Safety</b> <ul style="list-style-type: none"> <li>Online bullying</li> <li>Image sharing</li> </ul> <b>(StreetWise)</b>	<b>Being Responsible</b> <ul style="list-style-type: none"> <li>Practice makes perfect</li> </ul>	<b>Families and People Who Care for Me</b> <ul style="list-style-type: none"> <li>Different types of families.</li> <li>Families are characterised by love and care for each other.</li> </ul> Respecting differences between types of families.	<b>Hazard Watch</b> <ul style="list-style-type: none"> <li>Warning signs</li> </ul>
Year 1 and 2 (Even years)	<b>Keeping/Staying Healthy</b> <ul style="list-style-type: none"> <li>Healthy eating</li> <li>Brushing teeth</li> <li>Washing Hands</li> </ul> <b>Keeping/Staying Safe</b>	<b>Keeping/Staying Safe</b> <ul style="list-style-type: none"> <li>Road Safety</li> </ul> <b>Respectful Relationships</b> <ul style="list-style-type: none"> <li>Importance of self respect</li> <li>Importance of permission seeking in friendships with friends, peers and adults.</li> </ul>	<b>Computer Safety</b> <ul style="list-style-type: none"> <li>Online bullying</li> <li>Image sharing</li> </ul> <b>(StreetWise)</b>	<b>Money Matters</b> <ul style="list-style-type: none"> <li>Types of money</li> <li>Money around the world</li> </ul>	<b>Feelings and Emotions</b> <ul style="list-style-type: none"> <li>Anger</li> <li>Jealousy</li> <li>Worry</li> <li>Grief</li> </ul>	<b>Hazard Watch</b> <ul style="list-style-type: none"> <li>Spotting dangers</li> </ul>
Year 3	<b>Keeping/Staying Healthy</b> <ul style="list-style-type: none"> <li>Medicine</li> </ul>	<b>Keeping/Staying Safe Relationships</b> <ul style="list-style-type: none"> <li>Road safety</li> <li>Bullying</li> </ul>	<b>Computer Safety</b> <ul style="list-style-type: none"> <li>Making friends online</li> </ul>	<b>Money Matters</b> <ul style="list-style-type: none"> <li>Pocket money</li> <li>Fund raising</li> </ul>	<b>Mental Well-being</b> <ul style="list-style-type: none"> <li>Simple self care techniques/</li> </ul>	<b>Hazard Watch</b> <ul style="list-style-type: none"> <li>Fire Safety</li> </ul>

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		<p>Friendship</p> <p><b>Being Responsible</b></p> <ul style="list-style-type: none"> <li>Helping someone in need</li> </ul>	<ul style="list-style-type: none"> <li>Computer safety documentary</li> </ul> <p><b>(StreetWise)</b></p>			
Year 4	<p><b>Keeping/Staying Healthy</b></p> <ul style="list-style-type: none"> <li>Healthy Living</li> </ul>	<p><b>Keeping/Staying Safe</b></p> <p>Cycle safety</p> <p><b>Growing and Changing/ Relationships</b></p> <ul style="list-style-type: none"> <li>Appropriate touch</li> </ul>	<p><b>Computer Safety</b></p> <ul style="list-style-type: none"> <li>Online bullying</li> </ul> <p><b>(StreetWise)</b></p>	<p><b>Being Responsible</b></p> <ul style="list-style-type: none"> <li>Coming home on time</li> </ul> <p><b>The Working World</b></p> <ul style="list-style-type: none"> <li>Chores at home</li> </ul>	<p><b>Feelings and Emotions</b></p> <ul style="list-style-type: none"> <li>Jealousy</li> <li>Importance of talking about feelings</li> </ul> <p><b>Respectful Relationships</b></p> <ul style="list-style-type: none"> <li>Importance of self respect</li> </ul>	<p><b>A World Without Judgement</b></p> <ul style="list-style-type: none"> <li>Breaking down barriers</li> </ul> <p><b>Health and Prevention</b></p> <ul style="list-style-type: none"> <li>Safe and unsafe exposure to sun.</li> <li>How to reduce the risk of sun damage.</li> <li>Importance of good quality sleep. Know the affects of bad sleep on the body.</li> </ul>
Year 5	<p><b>Keeping/Staying Safe</b></p> <ul style="list-style-type: none"> <li>Peer pressure</li> <li>Concept of privacy and it's implications</li> <li>Sometimes it's not o.k to keep secrets if it links to being safe.</li> </ul> <p><b>Caring Friendships</b></p> <ul style="list-style-type: none"> <li>Trust</li> <li>Healthy friendships</li> <li>Managing conflict</li> </ul> <p><b>Keeping/Staying Healthy</b></p> <ul style="list-style-type: none"> <li>Smoking</li> </ul>	<p><b>A World Without Judgement</b></p> <ul style="list-style-type: none"> <li>Inclusion and acceptance</li> </ul>	<p><b>Computer Safety</b></p> <ul style="list-style-type: none"> <li>Image sharing</li> </ul> <p><b>(StreetWise)</b></p>	<p><b>Being Responsible</b></p> <ul style="list-style-type: none"> <li>Looking out for others</li> </ul>	<p><b>Feelings and Emotions</b></p> <ul style="list-style-type: none"> <li>Anger</li> </ul> <p><b>Growing and Changing</b></p> <ul style="list-style-type: none"> <li>Puberty</li> <li>Menstrual cycle and menstrual well-being</li> </ul>	<p><b>The Working World</b></p> <ul style="list-style-type: none"> <li>Enterprise</li> </ul>
Year 6	<p><b>Keeping/Staying Safe</b></p> <ul style="list-style-type: none"> <li>Water safety</li> </ul>	<p><b>Keeping/Staying Healthy</b></p> <ul style="list-style-type: none"> <li>Alcohol and drug taking</li> </ul>	<p><b>Growing and Changing</b></p> <ul style="list-style-type: none"> <li>Conception</li> </ul>	<p><b>Being Responsible</b></p> <ul style="list-style-type: none"> <li>Stealing</li> </ul> <p><b>Families and People Who Care for Me</b></p> <ul style="list-style-type: none"> <li>Marriage</li> </ul>	<p><b>Computer Safety</b></p> <ul style="list-style-type: none"> <li>Making friends online</li> </ul> <p><b>(StreetWise)</b></p> <p><b>The Working World</b></p>	<p><b>A World Without Judgement</b></p> <ul style="list-style-type: none"> <li>British Values</li> </ul> <p><b>Respectful Relationships</b></p> <ul style="list-style-type: none"> <li>Stereotypes</li> </ul> <p><b>Feelings and Emotions</b></p> <ul style="list-style-type: none"> <li>Worry</li> </ul>

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					• In-App purchases	
<b>Specific Events</b>	<ul style="list-style-type: none"> <li>- Black History Month (October)</li> <li>- World Mental Health Day (10<sup>th</sup> October)</li> </ul>	<ul style="list-style-type: none"> <li>- Remembrance Sunday – 10<sup>th</sup> November</li> <li>- Anti – bullying week (11<sup>th</sup> – 15<sup>th</sup> November)</li> <li>- Children in Need Day (15<sup>th</sup> November)</li> <li>Road Safety week (19<sup>th</sup> 25<sup>th</sup> November)</li> </ul>	<ul style="list-style-type: none"> <li>- Martin Luther King Day – 20<sup>th</sup> January</li> <li>- Holocaust Memorial Day – 27<sup>th</sup> January</li> <li>- Chinese New Year – 25<sup>th</sup> January</li> <li>- Safer Internet Day – 11<sup>th</sup> January</li> </ul>	<ul style="list-style-type: none"> <li>- Fair trade Fortnight (24<sup>th</sup> February)</li> <li>- British Science Week (9<sup>th</sup> – 13<sup>th</sup> March)</li> <li>- World Autism Awareness Day – 2<sup>nd</sup> April</li> </ul>	VE Day	